

# Bone Lab Terminology

## Directions:

1. Lateral - away from the midline of the body
2. Medial - toward the midline of the body
3. Inter- Between
4. Meta- middle
5. 1<sup>st</sup> - 5<sup>th</sup> - Fingers and toes (medial to lateral)

## Sizes:

1. Greater - larger of two
2. Lesser - Smaller of two

## Physical Features:

### Outgrowths

1. Head - single **rounded** knob on **superior** end
2. Trochanter - **large** outgrowth on one side (**Greater / Lesser**)
3. Tubercle - **small** outgrowth on one side (**Greater / Lesser**)
4. Condyle - any **smooth** articulating (gliding) **surface** where **bones meet** at ends.
5. Epicondyle - widened edges on the medial and lateral **sides** of condyles.
6. Process - **thin, flat** outgrowth
7. Tuberosity - single, **centered** lump
8. Eminence - **peak**
9. Crest - raised **ridge**

### Other Features

10. Fossa - Cavity or **dent**
11. Extremity - **end**
12. Foramen - **hole**