

## I. Levels of Organization

### A. Anatomy

1. Ana- apart    tome- cut
2. Divisions
  - a. *Gross - large scale*
  - b. *Microscopic*

### B. Physiology

1. Defn - The study of how an organism functions

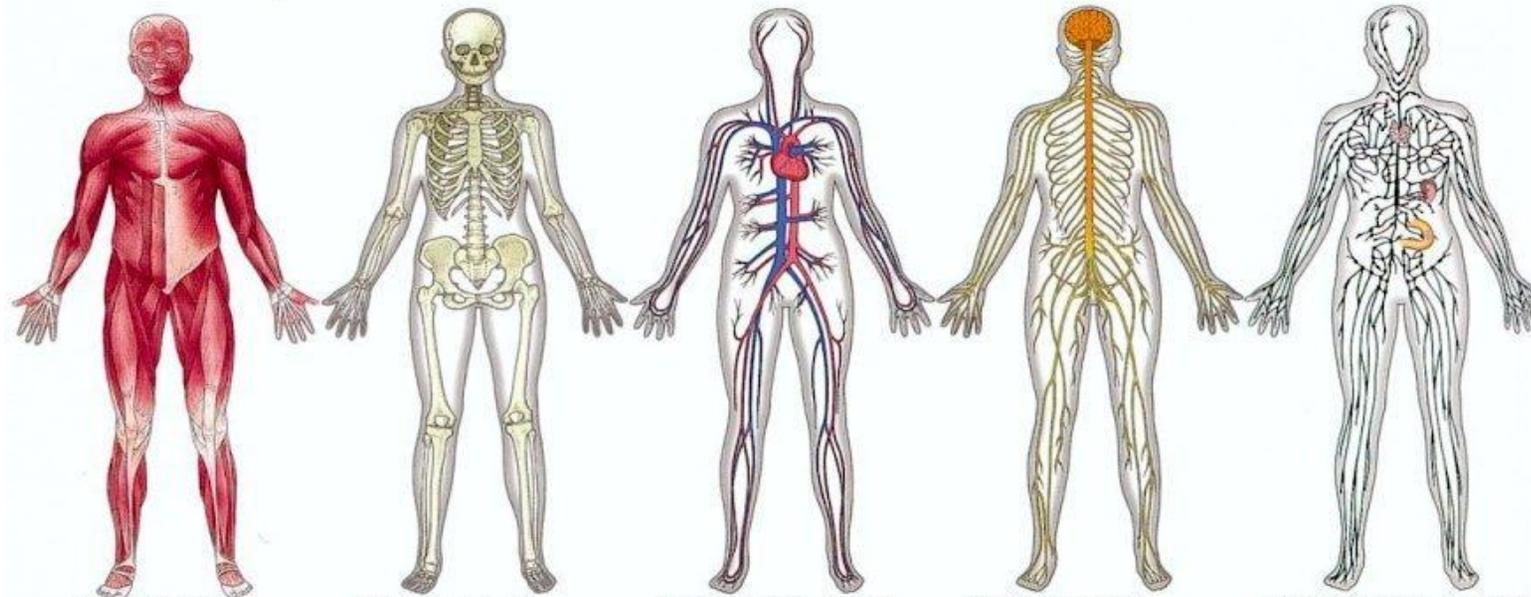
### C. Relative anatomical terminology

1. Superior - toward head / Inferior - feet
3. Anterior - belly, forward / Posterior - back
5. Medial - toward midline / Lateral - away from midline
7. Proximal - toward pt of attach. / Distal - away from pt of attach (Limb only)
9. Central - main part / Peripheral - the branches
11. Prone - face down, palm down / Supine - face up, palm up
13. Deep - far from surface / Superficial - near surf
15. Visceral - toward organ / Parietal - toward body wall

### D. Levels of organization

1. Atom
  - Ions*
2. Molecule
3. Macromolecule
  - Carbohydrate, lipid, protein, nucleic acid*
4. Cells
5. Tissue - many cells of the same type working together to perform a common function
  - Epithelial Tissue -*
  - Connective Tissue -*
  - Muscle Tissue -*
  - Nerve Tissue -*
6. Organ - many tissues

7. Organ system - many organs



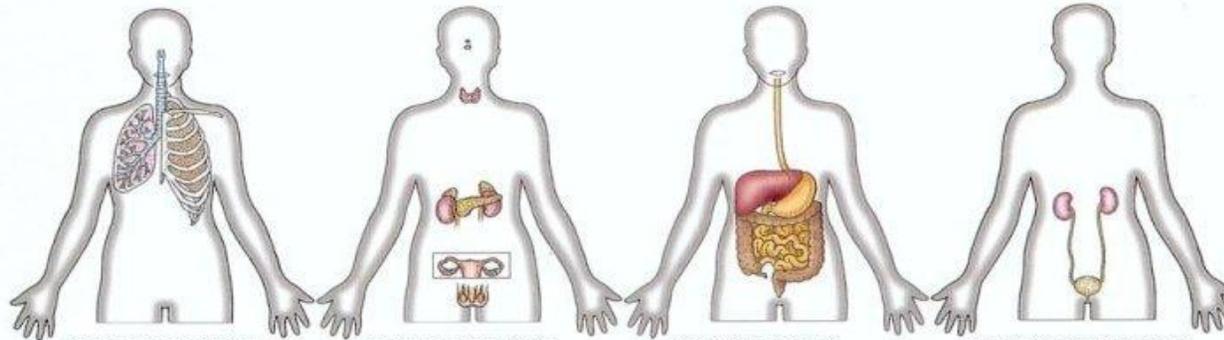
**▲ MUSCULAR SYSTEM**  
The muscular system consists of layers of muscles that cover the bones of the skeleton, extend across joints, and can contract and relax to produce movement.

**▲ SKELETAL SYSTEM**  
The skeleton is a strong yet flexible framework of bones and connective tissue. It provides support for the body and protection for many of its internal parts.

**▲ CIRCULATORY SYSTEM**  
This system consists of the heart and a network of vessels that carry blood. It supplies oxygen and nutrients to the body's cells and removes waste products.

**▲ NERVOUS SYSTEM**  
The nervous system is the body's main control system. It consists of the brain, the spinal cord, and a network of nerves that extend out to the rest of the body.

**▲ LYMPHATIC (IMMUNE) SYSTEM**  
This system is a network of vessels that collects fluid from tissues and returns it to the blood. It also contains groups of cells that protect the body against infection.

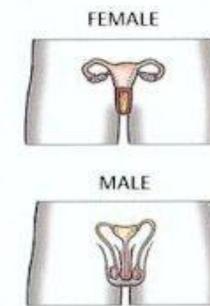


**▲ RESPIRATORY SYSTEM**  
The respiratory system is centered on the lungs, which work to get life-giving oxygen into the blood. They also rid the body of a waste product, carbon dioxide.

**▲ ENDOCRINE SYSTEM**  
Many body processes, such as growth and energy production, are directed by hormones. These chemicals are released by the glands of the endocrine system.

**▲ DIGESTIVE SYSTEM**  
The digestive system takes in the food the body needs to fuel its activities. It breaks the food down into units called nutrients and absorbs the nutrients into the blood.

**▲ EXCRETORY SYSTEM**  
The body's cells produce waste products, many of which are eliminated in urine. The job of the urinary system is to make urine and expel it from the body.



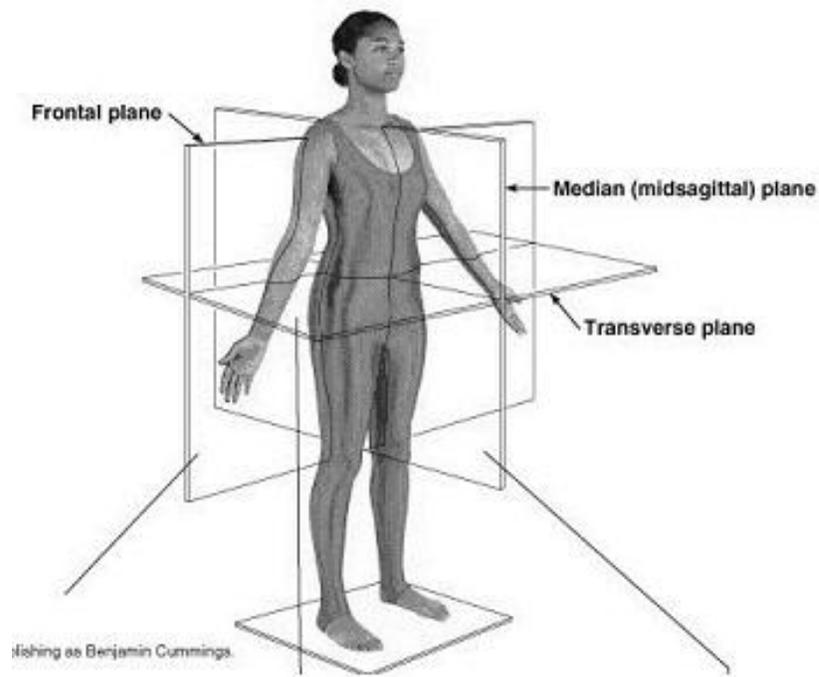
**▲ REPRODUCTIVE SYSTEM**  
The male and female parts of the reproductive system produce the sperm and eggs needed to create a new person. They also bring these tiny cells together.

8. Organism - many systems

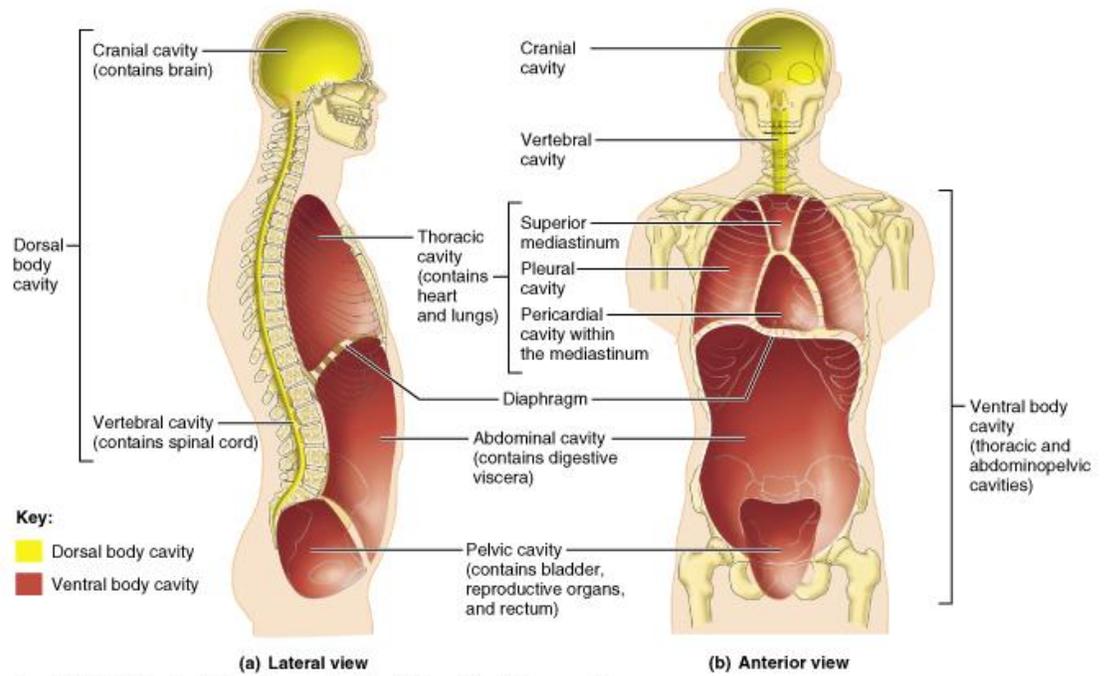
*E. Anatomical terms - specific*

1. Body planes and sections

- a. Sagittal - cut into left and right parts*
- b. Midsagittal - cut into equal left and right halves*
- c. Frontal - divide body into front and back*
- d. Transverse - cut into top and bottom*
- e. Longitudinal - lengthwise in some plane other than sagittal or frontal*



2. Body Cavities and their organs



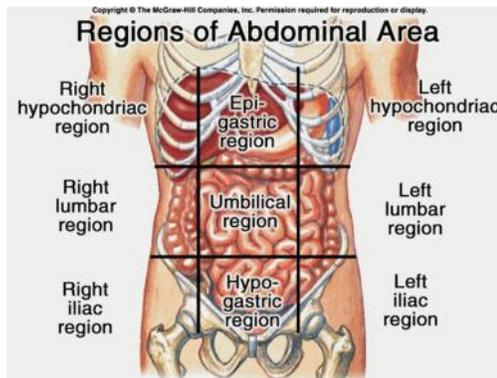
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*a. Dorsal*

- Cranial contains Brain
- Ventral contains spinal cord

*b. Ventral*

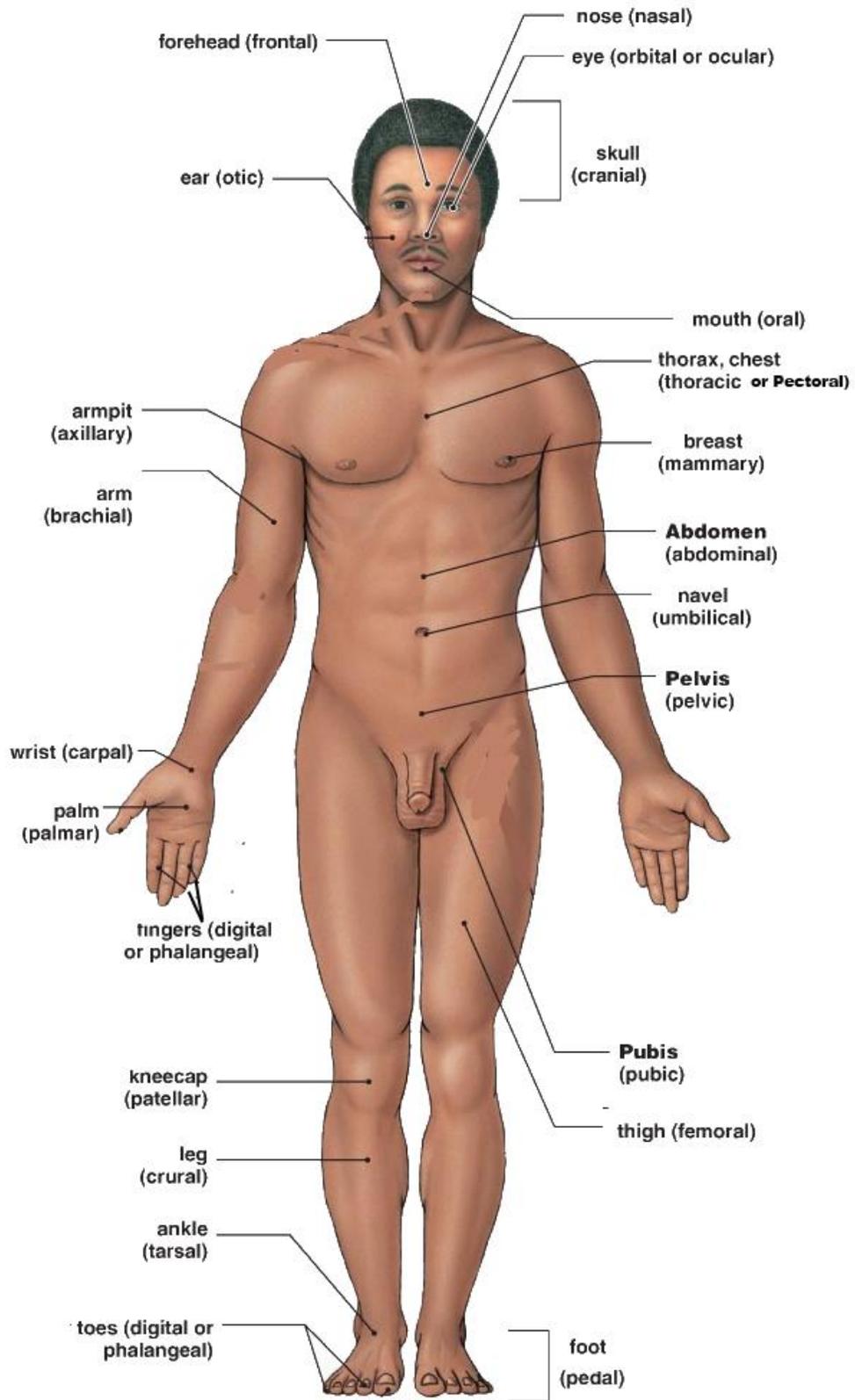
- 1). Thoracic - chest cavity
  - a). Pleural - lungs*
  - b). Pericardial - heart*
  - c). Mediastinum - trachea, esophagus*
- 2). Abdominopelvic



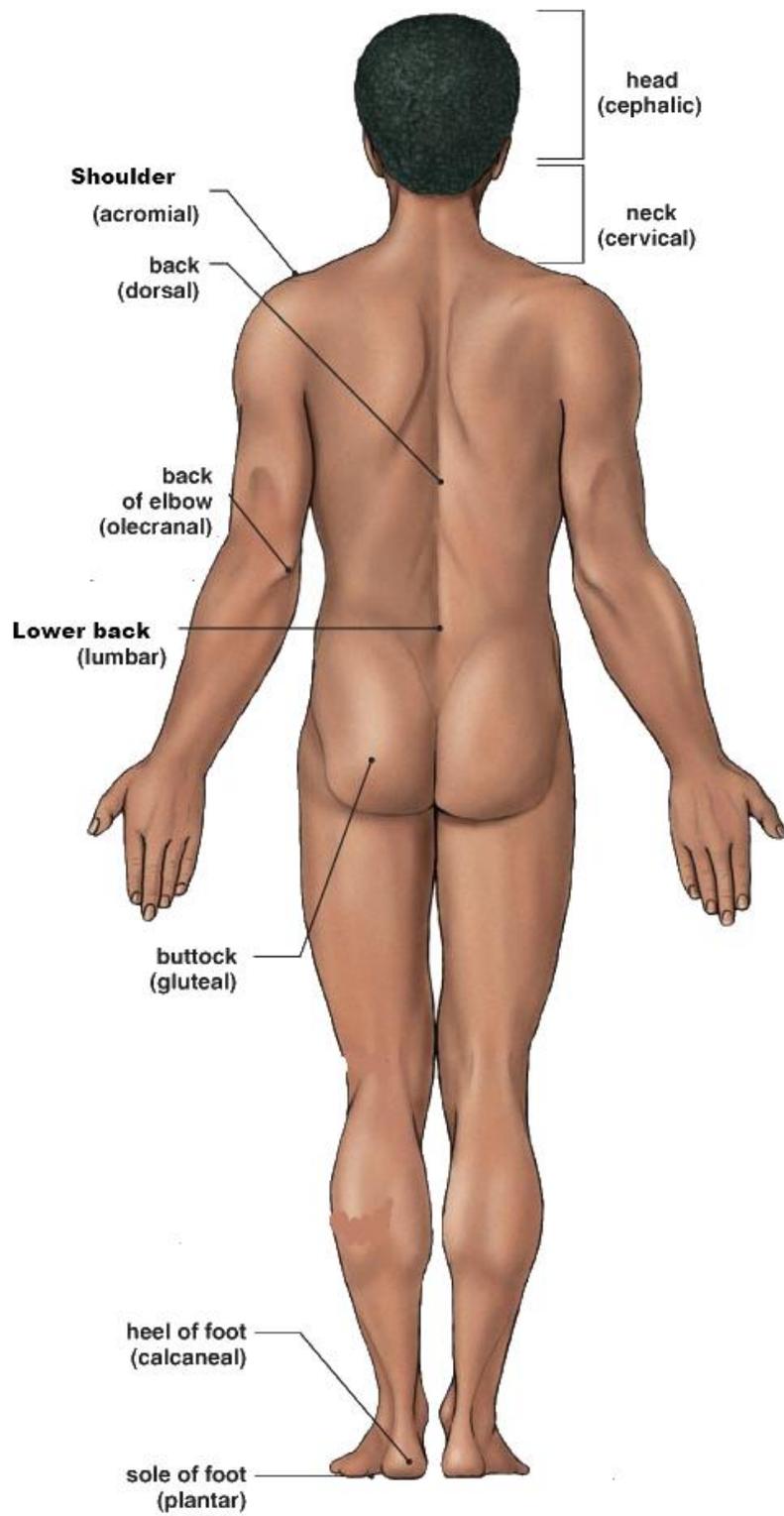
*Contains Digestive organs, reproductive organs and excretory organs.*

F. Specific anatomical regions

*a.*



**The anatomical position  
in anterior view**



**The anatomical position  
in posterior view**

## G. Homeostasis

1. *The collective responses the body undergoes in an attempt to maintain internal environmental conditions within acceptable parameters*

### External Environment vs Internal Environment

#### Feedback Loops - self regulation

**Positive Feedback Loop** - self feeding, small starter stimulus causes an imbalance. That imbalance causes a reaction. That reaction causes a larger reaction and so on. Think of a fire, the more it burns, the more additional things catch fire... until there is nothing left. **Once set in motion, there is no turning back.**

**Negative Feedback Loop** - self limiting, small starter stimulus causes an imbalance. That triggers a reaction which attempts to reverse the imbalance. The more severe the imbalance, the more powerful the attempt to reverse it.

