

Gland	Hormone Abbrev.	Hormone Name	What triggers it's release / when is it released?	Effect (what does it cause and where)?
Hypothalamus		Oxytocin		
	ADH			
	TRH			
	CRH			
	PIH			
Pituitary	TSH			
	FSH			
	LH			
	ACTH			
Pineal Gland		Melatonin		

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Thyroid		Thyroxin		
		Calcitonin		
Parathyroid	PTH			
Pancreas		Insulin		
		Glucagon		
Adrenal		Cortisol		
		Epinephrine		
		Aldosterone		
		Androgens		
Pineal		Melatonin		
Gonads		Estrogen		
		Progesterone		
		Testosterone		