

Labor and Delivery	Topic
There are 3 stages of Labor & 1 stage of Delivery	Stages
phase one- "Early Labor": Contractions Begin. Cervix begins dialating / effacing. Braxton Hicks contractions.	Labor
Your water breaks in Phase Two- "Active Labor". Contractions Stronger. Cervix mostly dialated / effaced.	Labor
Phase three-"Transition Phase" is the most challenging phase. Delivering of baby.	Labor
Labor is the process of expulsion of the fetus and the placenta from the uterus. Labor begins with the onset of contractions	Labor
Signs of labor include -Your baby drops, you note more braxton Hicks contractions, cervix begins to ripen, pass your mucus plug or notice "bloody show", water breaks	Labor
The expulsion of the placenta is the last stage. It occurs 20 minutes after delivery of the baby and the mother will once again have to push. Bleeding, chills and exhaustion may occur.	Delivery
Breech- when the baby is not positioned normally to be delivered Fetal meconium- the baby passes its first bowel movement in the womb Slow labor- labor does not progress in a normal pattern (abnormally slow) Placenta previa- placenta blocks the cervix	disorders
Cleft Lip is a birth defect that attaches your skin to your upper lip (if severe the roof of your mouth)	Disorder
A Fetal Monitor is used to watch the babies heart rate	Medical / Testing Procedure
An Epidural is injected into women in labor which causes a loss of sensation & loss of pain	Medical / Testing Procedure
Epidural is pain relief in the form of a catheter(thin,flexible tube) inserted into the epidural space just outside the membrane that surrounds your spine. It takes 15 minutes to put the epidural in and 20 minutes for the epidural to take effect.	Medical / Testing Procedure
A C-section is delivery of the baby through surgical incision in the mother's abdomen and uterus. Excessive bleeding, blood clots, more post-partum pain, and a longer hospital stay is likely. A c-section can be scheduled or an emergency.	Medical / Testing Procedure
Know one advantage and disadvantage of an epidural	Medical / Testing Procedure
Know one advantage and disadvantage of a c-section	Medical / Testing Procedure